

# Level 1 Award in Mentoring

## Qualification aim:

This qualification provides learners with an understanding of the role of a mentor and an awareness of the skills needed to become an effective mentor

## Qualification structure:

### Unit 01 Role of a mentor:

*Understand the role of a mentor, the reasons for an agreement between the mentor and how to identify the support available to a mentor*

### Unit 02 Preparing for the role of a mentor:

*Understand key factors relating to mentoring, be aware of the main tools used by mentors and how to develop the skills to become a mentor*

### Unit 03 Demonstrating mentoring skills and techniques:

*Prepare for a mentoring meeting, undertake an observed mentoring meeting and review own performance as a mentor*

**Expected completion time:** Approx 6-10 months

**Minimum entry age:** 14 years + up to adult

**Credit value:** 6