

# *THE RIGHT COMMUNICATION AID*

<https://communicationmatters.org.uk/research/factsheets/the-right-communication-aid/>

## **Deciding on the right communication aid**

**AAC** is used to mean many different ways to help someone communicate. It could be simple things like pointing, signing writing or drawing as well as using a complicated computer.

There are many different communication aids.

Some **AAC** users might use more than one [communication aid](#).

It can be complicated choosing the right communication aid for you. It can be helpful to get an AAC specialist to help you make the decision.

There are many things to think about, including:

- Have you had an [assessment](#) for AAC?

**Assessment** is where you meet with professionals to work out the best way to help you communicate better.

- How well do you communicate now? How well do you want to communicate?
- Is it easy or difficult to use a touch screen? Would it help if you had another way of selecting letters, words or pictures?
- What do you want your communication aid to look or sound like?
- How easy is the communication aid to change or program to meet your needs?
- How will you carry your communication aid around with you?
- What support might you need to learn how to use your communication aid and keep it working well?
- Can you get funding for a communication aid?